What is your favorite sport? Make a chart about it.

Name of your favorite sport:

Origin:

Equipment:

Write about the rules and the way to play your favorite sport.

Read the definitions and write the matching words from the Word Bank.

[ Word Bank ]

<table>
<thead>
<tr>
<th>pitcher</th>
<th>pass</th>
<th>bowler</th>
</tr>
</thead>
<tbody>
<tr>
<td>inning</td>
<td>dribble</td>
<td>tackle</td>
</tr>
</tbody>
</table>

1. a person who rolls the ball with an underarm action in bowling
   bowler

2. to bounce the ball with one hand in basketball
   dribble

3. to move the ball towards a teammate using one’s body or equipment
   pass

4. a person who throws the ball with an overarm action in baseball
   pitcher

5. the time in a cricket game during which a team is batting
   inning

6. to take hold of and pull a player down to the ground
   tackle

Circle the synonyms of the underlined words.

1. Players must bounce the ball in their journey down the court.
   - ① dribble  ② push  ③ tackle  ④ pass

2. Gymnasts perform routines on floor mats and different types of equipment called apparatus.
   - ① hit  ② patterns  ③ rules  ④ strokes
Answer the following questions.

1. What sport do the sentences in the box describe?

It is played on a large field.
There are three bases and a home plate located in the infield.
Two teams take turns batting and fielding in each inning.

① basketball  ② baseball  ③ bowling  ④ cricket

2. Which is true about basketball?

① It is played in an indoor bowling alley.
② The players are called ‘out’ if they swing and miss three pitches.
③ It is played on a rectangular court.
④ After three outs are recorded, the teams change places.

3. How many pins are at the end of the bowling lane?

① ten pins  ② five pins  ③ none  ④ ten thousand pins

4. How can a bowler earn the most points?

① when the player bounces the ball in their journey down the court
② when the player knocks down all the pins on the first bowl
③ when the player hits the ball and runs and stops on a base
④ when the player passes the ball to a teammate

5. Name at least five pieces of equipment that are needed to play baseball.

gloves, helmet, baseball, bat, baseball cap

Answer the following questions.

1. What is cricket played on?

① It is played on a large field.
② It is played on a rectangular court.
③ It is played in an indoor bowling alley.
④ It is played on a large oval-shaped field.

2. Which is true about cricket?

① A wicket stands at each end of the pitch.
② There are many kinds of cricket contests.
③ Players must bounce the ball during the game.
④ It is played in an indoor bowling alley.

3. Which is true about cycling?

① It is played on a large oval-shaped field.
② Mountain bikers ride over trails in natural settings.
③ A cyclist bowls a ball underarm down a narrow lane.
④ There are three bases and a home plate located in the infield.

4. Reread page 6 of the student book and write about how a player in cricket gets out.

If the bowler bowls the ball and knocks over the batsman’s wicket, or if the batsman touches the wicket with his bat or body, he is out. If a member of the fielding team catches the batsman’s ball in midair the batsman is also out.
**Write the correct names of the sports using the words from the Word Bank.**

**[ Word Bank ]**

Association Football  
Australian Rules Football  
North American Football

1. Players can move the ball in many different ways. They can dribble the ball and pass it to teammates.
   **Association Football**

2. If a player catches a ball that was kicked from at least 15 meters away it is called a ‘mark’ and the player cannot be tackled until they have passed the ball on.
   **Australian Rules Football**

3. Teams score points by moving the ball into the end zone and by kicking field goals.
   **North American Football**

4. Players can run while holding the ball, but they must bounce it every 15 meters.
   **Australian Rules Football**

5. Players kick the ball into the air. They can also use their head to hit a ball while it is in the air.
   **Association Football**

6. A team in possession of the football has four downs to move the ball.
   **North American Football**

**Complete the word puzzle using the words from the Word Bank.**

**[ Word Bank ]**

.hockey  
.opposite  
.rink  
golf  
.netball  
gymnastics  
court  
skating  
oar

Across
1. narrow straps of leather attached to a piece of metal in a horse’s mouth
2. a game played on grass by two teams of 11 players, with sticks and a ball
3. a specially prepared area of ice that you can skate on
4. a long stick with a wide flat blade at one end, used for rowing a boat
5. a game in which the players hit a small white ball into holes in the ground
6. a game similar to basketball played in Britain, especially by girls
7. the activity or sport of moving around on skates
8. an area made for playing games such as tennis

Down
1. a specially prepared area of ice that you can skate on
2. a game played on grass by two teams of 11 players, with sticks and a ball
3. being on the other side of the same area
4. a long stick with a wide flat blade at one end, used for rowing a boat
5. a game similar to basketball played in Britain, especially by girls
6. the activity or sport of moving around on skates
7. an area made for playing games such as tennis
1. What is golf played on?
   1. It is played on a rectangular field with a goal at each end.
   2. It is played on a rectangular rink covered with ice.
   3. It is played on a huge, grassy course.
   4. It is played on a large oval-shaped field.

2. Which is true about gymnastics?
   1. It is a test of strength, flexibility and balance.
   2. The player hits off a tee for the first stroke of each hole.
   3. The players race around a track.
   4. It is played on a rectangular rink covered with ice.

3. What is the similarity between hockey and ice hockey?
   1. Players sit on a saddle that is strapped to a horse’s back.
   2. Players used wooden hockey sticks to move a ball or a puck.
   3. They are tests of strength, flexibility and balance.
   4. Players use clubs to hit a small, hard ball.

4. What sport do the sentences in the box describe?
   In equestrian events, a rider sits on a saddle that is strapped to a horse’s back. They use reins to control the horse’s speed and movement. In some events, riders race around a track.

   1. hockey
   2. horseback riding
   3. ice hockey
   4. golf

1. Which is true about lacrosse?
   1. Players compete individually or in crews of different numbers.
   2. It is played on a court that is divided into three sections.
   3. There is a goal with a net at each end of the field.
   4. It is similar to baseball.

2. Choose two pieces of equipment from the box that are needed to play netball.
   cans, helmets, netball, netball hoop, posts

   netball, netball hoop

3. What sport do the sentences in the box describe?
   It is similar to baseball. There are four posts located in the infield. After nine outs are called, the teams change places.

   1. rowing
   2. rounders
   3. netball
   4. lacrosse

4. Reread page 15 of the student book and write about two main types of rowing races.
   Sculling and sweep oar rowing are two main types of rowing races. In sculling, each rower uses two oars to row the boat. In sweep oar rowing each rower uses only one oar.
Comprehension | Rugby, Skateboarding, Skating, Skiing & Snowboarding

Write the correct names of the sports using the words from the Word Bank.

[ Word Bank ]

rugby  skateboarding  ice-skating
in-line skating  skiing  snowboarding

1. Players glide down mountain slopes on a short, wide board.  
   **snowboarding**

2. There are four major events: slalom, freestyle, ski-jumping and cross-country.  
   **skiing**

3. It is performed on a rink covered with ice.  
   **ice-skating**

4. Players can achieve high speed and perform complex tricks. In a slalom contest, players race around cones on a smooth surface.  
   **skateboarding**

5. Players compete on indoor and outdoor fields and tracks. Events include roller hockey and racing.  
   **in-line skating**

6. It is played on a rectangular field with a set of goal posts at each end. Players can move the ball by running with it.  
   **rugby**

Vocabulary | Various Sports

Fill in the blanks using the words from the Word Bank.

[ Word Bank ]

athletes  goalkeeper  pitcher  tennis
volleyball  water  sprint  oval

1. Players move a ball towards the opposite goal, which is guarded by the other team’s **goalkeeper**.

2. A **pitcher** in the middle of the infield throws the ball to a batter on the other team.

3. Swimmers use leg, arm and body movements to move through the **water**.

4. A **tennis** match is made up of a number of games.

5. Track and field events take place on an **oval** track that has a field in the center.

6. A **sprint** is a race that focuses upon a short distance.

7. **Volleyball** is played on a court with a two-meter-high net across the center.

8. **Athletes** compete to achieve the longest distances.
Comprehension | Soccer, Softball & Surfing

**Answer the following questions.**

1. Which is true about soccer?
   ① Players move a ball towards the opposite goal.
   ② It is played on a rink covered with ice.
   ③ Players can move the ball by running with it.
   ④ The home plate is located in the infield.

2. What is softball played on?
   ① It is played on a huge grassy area.
   ② It is played on a diamond-shaped field with a base at each corner.
   ③ It is played on a rectangular field.
   ④ It is played on a rink covered with ice.

3. Reread page 20 of the student book and write about facts to complete the chart below.

### Surfing Facts

<table>
<thead>
<tr>
<th>Origin</th>
<th>Hawaii, United States, late 1700s</th>
</tr>
</thead>
<tbody>
<tr>
<td>Number of Teams/Players</td>
<td>individual or team</td>
</tr>
<tr>
<td>Equipment</td>
<td>board leash, surfboard, wetsuit</td>
</tr>
<tr>
<td>How surfers are judged</td>
<td>They are judged on how well they control the board and the difficulty of their movements.</td>
</tr>
</tbody>
</table>

Comprehension | Swimming & Tennis

**Answer the following questions.**

1. What sport do the sentences in the box describe?

   Players use leg, arm and body movements to move through the water. Players learn special movements called strokes.

   ① surfing ② tennis ③ soccer ④ swimming

2. What is a specially shaped piece of wood or metal that you use for hitting the ball in tennis?

   ① racket ② bat ③ goggles ④ surfboard

**Look at the Tennis Facts box and answer the questions.**

1. Where did tennis originate?
   England

2. What equipment is needed to play tennis?
   net, tennis ball, tennis racket

3. How many players are needed to play tennis?
   individual or teams of two players

### Tennis Facts

<table>
<thead>
<tr>
<th>Origin</th>
<th>England, 1800s</th>
</tr>
</thead>
<tbody>
<tr>
<td>Number of Teams/Players</td>
<td>individual or teams of 2 players</td>
</tr>
<tr>
<td>Equipment</td>
<td>net, tennis ball, tennis racket</td>
</tr>
</tbody>
</table>
Answer the following questions.

1. What sport do the sentences in the box describe?

It takes place on an oval track that has a field in the center. Some events require athletes to run and leap over certain obstacles. Some events include jumping and throwing activities.

① volleyball  ② rowing  ③ surfing  ④ track and field

2. Which is true about volleyball?

① It is played on an oval track.
② It is played on a court with a two meter-high net across the center.
③ It is played on a diamond-shaped field.
④ It is played on a huge grassy course.

Fill in the blanks using the words from the Word Bank.

[ Word Bank ]

marathon  sprint  hammer

1. A __sprint__ is a race that focuses upon a short distance.

2. A __marathon__ which is run over 42.2 kilometers, challenges runners to keep up speed over a long distance.

3. The four throwing events are discus, __hammer__ throw, javelin and shot-put.

1. What is a player called who throws the ball to a batter in baseball?

① a bowler  ② a pitcher  ③ a gymnast  ④ a rider

2. What is the most important rule in basketball?

① Players should tackle an opposing player.
② Players should dribble the ball and pass it to teammates.
③ Players must bounce the ball in their journey down the court.
④ Players must hit off a tee for the first stroke of each hole.

3. In which sport can players run with the ball or pass it to a teammate?

① baseball  ② North American football  ③ tennis  ④ Association football

4. What sport do the sentences in the box describe?

It is a test of strength, flexibility and balance. Players perform routines on floor mats.

① gymnastics  ② North American football  ③ golf  ④ lacrosse

5. What do you call the hard, flat, circular piece of rubber that you hit with a stick in the game of ice hockey?

① a ball  ② a puck  ③ a racket  ④ a pin
1. Which sport is not played on a rectangular field?
   ① hockey ② softball ③ lacrosse ④ tennis

2. Which is true about netball?
   ① It is similar to baseball.
   ② It needs a small flexible board that has two sets of wheels.
   ③ After catching the ball, a player cannot take more than one step.
   ④ Players can move the ball by running with it.

3. What sport is performed on a rink covered with ice?
   ① rowing ② netball ③ ice-skating ④ field and track

4. Write the two sports which have a pitcher and a batter.
   baseball, softball

5. Which game usually lasts 90 minutes?
   ① marathon ② volleyball ③ snowboarding ④ soccer

6. Which sport takes place indoor?
   ① swimming ② horseback riding ③ tennis ④ surfing

Write paragraphs about the two sports using the information from the diagram you completed above.
Listen to the sentence and fill in the blanks.

1. Two teams take turns to __bat__ and __field__ in each innings.
2. The players are called ‘__out__’ if they swing and miss three __pitches__.
3. The __batsman__ tries to hit the ball while protecting the __wicket__ with the bat.
4. Gymnastics is a test of strength, __flexibility__ and __balance__.
5. Boats called __canoes__ and __kayaks__ are also used to race.

Listen to the paragraph and fill in the blanks.

6. This game is played at an __indoor__ bowling alley. A bowler bowls a ball __underarm__ down a narrow __lane__. At the end of the __lane__ are __ten__ pins. The bowler tries to knock down as many pins as possible. The player scores one point for each pin that is knocked down.
7. In both games, players can run with the ball or __pass__ it to a team-__mate__.
8. Golf is played on a huge, __grassy__ course. Players use golf __clubs__ to hit a small, __hard__ ball. They try to reach the hole in as __few__ __strokes__ as possible. The player hits off a __tee__ for the first stroke of each hole. Later strokes are hit from where the ball __lands__.
9. Players glide across the ice on __skates__. They use __wooden__ __sticks__ to move a __puck__. Players move the __puck__ towards the opposite team’s goal. A goal is scored each time the puck completely crosses the __goal__ __line__.
10. Play begins when one team __serves__ the ball to the other. The receiving team tries to __return__ the ball over the __net__. Players can hit the ball up to __three__ times before returning it. The same player must not __touch__ the ball twice __in succession__. A point is scored when the other team cannot return the ball.